

SCREENING FOR PULMONARY HYPERTENSION

RECOMMENDATIONS FOR SCREENING FOR PAH IN PATIENTS WITH SSc AND SSc SPECTRUM DISEASE*

*This approach does not substitute for individualized patient assessment

INITIAL SCREENING FOR PAH

WHEN: within 3 years of 1st non-Raynaud's SSc symptoms (eg. esophageal, arthritis, skin, other)
(High Quality Evidence)

FOLLOW UP VISITS

WHEN: Annually
(Low Quality Evidence)

WHAT TO DO:

- Assess for PAH symptoms (dyspnea, fatigue, exertion intolerance etc ...)
- Pulmonary function tests including DLCO with correction for hemoglobin
- Transthoracic echocardiogram
- NT-proBNP (if available)

PAH SHOULD BE SUSPECTED IF:

- Symptoms present OR
- Any abnormal screening tests

**REFER TO A PH CLINIC FOR FURTHER ASSESSMENT
AND/OR RIGHT HEART CATHETERIZATION**