



Dr. Gilles Boire

Dr. Boire is a Professor in the Division of Rheumatology of the Faculty of Medicine and Health Sciences at the Université de Sherbrooke. Dr. Boire practices both adult and pediatric rheumatology at the Centre intégré universitaire de santé et de services sociaux de l'Estrie – Centre hospitalier universitaire de Sherbrooke (CIUSSSE-CHUS).

Dr. Boire is a graduate from the Université of Montréal (BSc Chemistry, 1975) and from the Université de Sherbrooke (MD, 1981; MSc Clinical Sciences 1991). He obtained his certification in Internal Medicine (1985), then in Rheumatology (1986) and completed his postdoctoral training at the Université de Sherbrooke (1986-87) and at Yale University (1987-89).

Dr. Boire's major research interests are in the area of autoimmunity, in particular the Ro/hY RNA complex and in the characterization of biomarkers and other predictors useful for the early prognostic classification of patients with recent onset inflammatory arthritis. He initiated in 1997 the still ongoing Early Undifferentiated Polyarthritis (EUPA) cohort of patients with recent-onset polyarthritis. He is one of the founding members and currently Director of Ethical Scientific Conduct of the Canadian Early Arthritis Cohort (CATCH), a pan-Canadian cohort of patients with recent onset inflammatory arthritis. Together with an orthopaedist colleague, Dr. François Cabana, in January 2007 he initiated the OPTIMUS initiative, prompting primary care practitioners to evaluate and treat osteoporosis revealed by fragility fractures following their identification in orthopedists' clinics in the hope of improving rates of long term appropriate therapy.

Since 1990, his research has been continuously supported, by The Arthritis Society, the Medical Research Council (MRC) and the Canadian Institutes of Health Research (CIHR), the Fonds pour la recherche en santé du Québec (FRSQ), the Fonds d'aide aux chercheurs et à la recherche (FCAR), the Natural Sciences and Engineering Research Council of Canada (NSERC) and the Canadian Initiative for Outcomes in Rheumatology Care (CIORA). During that period, Dr. Boire supervised 18 graduate students and trained 19 rheumatology fellows. Dr. Boire is involved in a number of clinical and fundamental research projects and is the author of 127 peer-reviewed publications.



Dr. Patricia Lynn Dobkin

Dr. Dobkin is an Associate Professor in the Department of Medicine at McGill University (25 years). She is a member of McGill Programs in Whole Person Care who teaches undergraduate students.

Dr. Dobkin obtained her PhD in Clinical Psychology in the United States, interned at Rochester (New York, USA) Medical Center and completed her post-doctoral training at McGill University. Dr. Dobkin has published >125 articles and a half-dozen book chapters on Mind-Body Medicine.

In 2014, while on Sabbatical, Dr Dobkin taught Mindfulness-Based Stress Reduction (MBSR) at the Pitié-Salpêtrière Hospital in Paris to patients and clinicians. This work was published:

Dobkin, P.L., Bernardi, N.F., Bagnis, C.I. (2016) Enhancing clinicians' well-being and patient-centered care through mindfulness. J Contin Educ Health Prof, 36(1):11-6.

She is a Certified (UMass. Medical School, USA) MBSR Teacher.

Dr. Dobkin is the Editor-in-chief of the International Journal of Whole Person Care.

In 2015, Dr. Dobkin edited the book: Mindful Medical Practice: Clinical Narratives and Therapeutic Insights, published by Springer Press.

In 2016, she co-authored the book: Mindful Medical Practitioners: A Guide for Clinicians and Educators with Dr. Hassed from Monash Medical School in Australia, published by Springer Press.

Dr. Dobkin has provided and studied MBSR and Mindful Medical Practice programs for 12 years. She has presented her work nationally and internationally.



Dr. Isabelle Gaboury

First trained as a biostatistician and a research methodologist, Isabelle Gaboury completed her Master's degree in 2001. Seeking greater autonomy as a researcher and developing a strong interest for different complementary and alternative medicine (CAM) topics, her thesis work was on interprofessional collaboration between biomedical and CAM health professionals working at Canadian integrative clinics. She obtained a PhD in Population Health from the

University of Ottawa in 2009. She completed her postdoctoral training at the University of Calgary between 2008 and 2011, while working on organizational change.

In 2011, she joined the Family Medicine and Emergency Medicine department at the Université de Sherbrooke (Québec), Canada. Her research program is mainly on interprofessional and interorganizational collaboration where primary health care practitioners are involved. In 2018, she received a Junior 2 career scholarship from the Fonds de Recherche Québec – Santé for her work on organizational change and interprofessional collaboration within the stroke care continuum. She is also actively involved with faculty committees on interprofessional education. She teaches various methodology courses (advanced statistics and qualitative methods). She is the author of several book chapters to introduce CAM to nurses and supervises many graduate students on CAM topics including interprofessional collaboration with CAM practitioners. Isabelle Gaboury is the Chair of the Canadian Network on complementary and integrative medicine (2017-2018).